



## Methods and Interdisciplinary Approach CT-4

21 ECTS (11 US Credits)

Total Contact Hours: 131

Self-Study Hours: 394

Total Learning Hours of this module: 525

### 21 days for the following learning events:

#### Principles and Practices of Intermodal Expressive Arts

Core Group and Community Art

#### Project Design and Implementation in the Field: A Multi-system Approach

Seminar

#### Advanced Training and Methodology of Practice

Methods of the practice of Intermodal Expressive Arts Therapy Seminar

#### Language and Discourse in Expressive Arts and Aesthetic Responsibility

Poetic Work as a Principle of Language Formation in the Process of Cognition Seminar/Workshop

#### Resource Oriented Concepts of Counseling and Aid: A Critical Inquiry into Schools and Methods from a Systemic Point of View

Colloquium

#### Arts and Society

Lecture: Current themes in Research

#### Atelier with Artist in Residence

Workshop

#### Excursion

Focused On a Cultural Theme

#### Self study / requirements:

- Critiques of literature and video and participation in forum discussions
- Research methodology plan for the Masters Thesis
- Contribution to group project – EXA-CT in ACTION
- Requirements to pass Learning Events: Participation, Presentations, Forum Dispute of a given theme

#### Competences: – at the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- a) understand the complexity of traumatic experiences
- b) make informed choices on how to integrate Art-making in complex circumstances
- c) build generative relationships with peers in learning situations



**Knowledge – at the end of the module/unit the learner will have been exposed to the following:**

- a) diverse culturally based trauma theories
- b) the needs of displaced communities living in exile
- c) human-rights perspectives
- d) the role and impact of digital media

**Skills – at the end of the module/unit the learner will have acquired the following skills:**

- a) integrate theories and practice in Expressive Arts in Conflict Transformation and Peacebuilding
- b) design a literature review based on recent publications in the emerging field
- c) identify and recognize collective strengths rather than deficits in communities in crisis
- d) develop community building interventions that are resource-oriented
- e) expand the range of Art-based tools
- f) develop case studies based on a personal field experience and frame them within a Conflict Transformation and Peacebuilding discourse
- g) have adaptability, humility and suspension of judgement while working in a intercultural context
- h) create a reciprocal learning environment
- i) design and structure a transformative intervention in the midst of conflict dynamics

**Judgment Skills and Critical Abilities**

**The learner will be able to:**

- a) perform critical analysis on a phenomenological base
- b) engage with monitoring, evaluation and documentation of practices
- c) perform critical analysis on a phenomenological base
- d) develop an advanced knowledge on diverse Arts-based Conflict Transformation and Peacebuilding practices
- e) distil relevant conceptions of human beings and the world as they apply to Expressive Arts frameworks and interventions
- f) consider alternative world views as keys to effective peacebuilding in local cultural contexts
- g) practice Expressive Arts methodologies in diverse contexts; integrate monitoring and critical feedback on his/her performance
- h) switch roles from a learner to a professional in training in a conflict/crisis context
- i) recognize diverse group processes in crisis/conflict situations

**Module-Specific Communication Skills**

**The learner will be able to:**

- a) integrate lectures to enhance his/her understanding of cultural assumptions, biases and perspectives in Expressive Arts interventions
- b) apply language skills in intercultural contexts and exercise leadership skills in team problem-solving strategies
- c) practice solution-oriented language skills relevant to leading a session
- d) learn to integrate philosophical and aesthetic analysis in discourse and dialogue