



Methods, Interdisciplinary Approach Module ITS-P

21 ECTS (11 US Credits)

Total Contact Hours: 131

Self-Study Hours: 394

Total Learning Hours of this module: 525

21 days for the following learning events:

Principles and Practices of Intermodal Expressive Arts Therapy

Core Group and Community Art

Project Design and Implementation in the Field: A Multi-system Approach

Seminar

Advanced Training and Methodology of Practice

Methods of the practice of Intermodal Expressive Arts Therapy Seminar

Language and Discourse in Expressive Arts and Aesthetic Responsibility

Poetic Work as a Principle of Language Formation in the Process of Cognition Seminar/Workshop

Resource Oriented Concepts of Counseling and Aid: A Critical Inquiry into Schools and Methods from a Systemic Point of View

Colloquium

Arts and Society

Lecture: Current themes in Research

Atelier with Artist in Residence

Workshop

Excursion

Focused On a Cultural Theme

Self study / requirements:

- Projects and Portfolio for each Learning Event and Thesis Preparation (193.75 hours)
- Assigned Reading (200 hours)
- Entrance requirements (E): Admissions procedure, Introduction Seminar and Interview with a Core Faculty Member of the Program
- Module exam (M): Forum dispute of a given theme, with group assessment (Advanced Training Seminar) (2 hours)
- Requirements to pass Learning Events: Participation, Presentations, and
- evaluation of student's written work

Competences: – at the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- Recognize personal resources and limitations, capacities for learning and attitudes towards the artistic process.
- Develop personal identity and commitment as an artist and expressive arts therapist and the ability to use intermodal arts in practice.
- Exercise appropriate professional and ethical conduct in the discussion and application of expressive arts principles in therapy.
- Appreciate and respect cross-cultural and cross-disciplinary differences in perspectives and language domains.
- Understand and present research and professional perspectives in oral, written and artistic form in a manner that is clear and engaging.
- Define and outline a project for independent research appropriate to the field of expressive arts therapy
- Conduct and present independent research that contributes to the growth of the emerging field.



Knowledge – at the end of the module/unit the learner will have been exposed to the following:

- Apply an expressive arts-based, resource oriented set of theories and methods in therapeutic work with individuals and groups.
- Apply the decentering method within the architecture of a therapy session
- Work collaboratively with peers and colleagues.
- Articulate the basic principles and practices of expressive arts therapy clearly and comprehensively.

Skills – at the end of the module/unit the learner will have acquired the following skills:

Judgment Skills and Critical Abilities

The learner will be able to:

- Apply an expressive arts-based, resource oriented set of theories and methods in therapeutic work with individuals and groups.
- Apply the decentering method within the architecture of a therapy session
- Work collaboratively with peers and colleagues
- Articulate the basic principles and practices of expressive arts therapy clearly and
- Comprehensively

Module-Specific Communication Skills

The learner will be able to:

- Listen and communicate with an attitude of appreciative curiosity and openness to learning.
- Create a facilitative professional relationship with clients.
- Address both specialized and non-specialized audiences clearly and unambiguously regarding the outcome of research, self-study or experience

Module-Specific Learner Skills

The learner will be able to:

- Engage in continual personal and professional learning.