



Methods, Interdisciplinary Approach Module ITC-P

21 ECTS (11 US Credits)

Total Contact Hours: 131

Self-Study Hours: 394

Total Learning Hours of this module: 525

21 days for the following learning events:

Advisory Group in Expressive Arts Coaching and Consulting

Core Group

Social and Developmental Issues from a Systemic Perspective

Seminar

Advanced Training and Methodology of Practice

Colloquium

Language and Discourse in Expressive Arts Coaching and Consulting

Seminar/Workshop

Principles and Practices of Coaching and Consulting: A Critical inquiry of Schools and Methods

Seminar

Arts and Society

Lecture: Current themes in Research

Atelier with Artist in Residence

Workshop

Educational Excursion

Focused on a Cultural Theme

Self study / requirements:

- Projects and Portfolio for each Learning Event and Thesis Preparation (193.75 hours)
- Assigned Reading (200 hours)
- Entrance requirements (E): Admissions procedure, Introduction Seminar and Interview with a Core Faculty Member of the Program
- Module exam (M): Forum dispute of a given theme, with group assessment (Advanced Training Seminar) (2 hours)
- Requirements to pass Learning Events: Participation, Presentations, literary criticism of student's text

Competences: – at the end of the module/unit the learner will have acquired

the responsibility and autonomy to:

- Recognize personal resources and limitations, capacities for learning and attitudes towards the artistic process.
- Develop personal identity and commitment as an artist and expressive arts therapist and the ability to use intermodal arts in practice.
- Exercise appropriate professional and ethical conduct in the discussion and application of expressive arts principles in coaching and consulting.
- Appreciate and respect cross-cultural and cross-disciplinary differences in perspectives and language domains.
- Understand and present research and professional perspectives in oral, written, and artistic form in a manner that is clear and engaging and compelling.
- Define and outline a project for independent research appropriate to the field of expressive arts.
- Conduct and present independent research that contributes to the growth of the emerging field.



Knowledge – at the end of the module/unit the learner will have been exposed to the following:

- Integration of basic theoretical and practical concepts of working in the contexts of expressive arts coaching and consulting, including solution focused and resource-based orientations.
- Theoretical concepts particular to expressive arts work, e.g. intermodality, polyaesthetics, architecture of a session, decentering, liminality, aesthetic response and responsibility, crystallization theory, aesthetic analysis.
- Apply an expressive arts-based, resource-oriented set of theories and methods in with individuals and groups.
- Differing disciplinary perspectives on individual, social and cultural behavior and change.
- Cross cultural and cross disciplinary perspectives on professional work in coaching and consulting.
- Systems theories, e.g. autopoiesis, self-organization, chaos theory, and their relevance to individual and organizational change.
- Principles of language formation and discourse and effective communication within professional contexts

Skills – at the end of the module/unit the learner will have acquired the following skills:

Applying knowledge and understanding

The learner will be able to:

- Apply an expressive arts-based, resource-oriented set of theories and methods in coaching and consulting with individuals and groups.
- Apply theories and methodologies of practice of expressive arts work in practical situations.
- Apply the decentering method within the architecture of a coaching session.
- Work collaboratively with peers and colleagues.
- Articulate the basic principles and practices of expressive arts coaching clearly and comprehensively.

Judgment Skills and Critical Abilities

This section has been made sufficiently open to accommodate both vocational and academic orientations. Applicants can refer to Judgement Skills, or Critical Abilities (critical skills, dispositions, values and actions), or both.

The learner will be able to:

- Research and evaluate cross disciplinary research studies relevant to expressive arts coaching and consulting
- Discriminate among and respect differing disciplinary perspectives regarding the human condition and processes of change in individuals and groups
- Assess personal and group dynamics with professional contexts.

Module-Specific Communication Skills

The learner will be able to:

- Listen with an attitude of appreciative curiosity and an openness to learning.
- Create a facilitative professional relationship with clients.

Module-Specific Learner Skills

The learner will be able to

- Engage in continual personal and professional learning.