



Expressive Arts, Digital Arts and Media, Module ITS-A-P or Intermodal Expressive Arts, Module P

11 ECTS (5.5 US Credits)

Total Contact Hours: 96

Self-Study Hours: 206

Total Learning Hours of this module: 275

11 days for the following learning events:

Advisory Group: Metho Specific Training

Seminar

Arts Group Supervision

Seminar

Live Coaching

Seminar

Module A-P counts for Module P. It is also offered as Continuing Education (CEU) Certificate of Advanced Studies (CAS).

Additional requirements:

Internship: Required are min. 30 sessions of coaching / consulting, 1.5 hours each, of which 1/3 with a team of a group and 2/3 one to one

Supervision (Expressive Arts) 30 h

Method specific Training in a one on one setting min. 8 h

The 12 sessions method specific core studio taken at ITS-M count for 8 sessions one to one method specific training.

Self study / requirements:

- Praxis related literature review

Preparation for the Learning Events:

Entrance qualification (E): internship with Expressive Arts Supervision

Exam (M): Leading a session under observation (single or in a group) or having a case supervised

Competences: – at the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- sharpen critical thinking in regard to Expressive Arts and Digital Communication
- increase confidence to draw on personal skills and artistic capacities
- recognize own cultural frames that influence personal Art-making
- strengthen personal capacities to link aesthetic practices
- develop and deepen a personal style while being open minded to surprises

Knowledge – at the end of the module/unit the learner will have been exposed to the following:

- How and when to intervene in adequate ways with a concept of aesthetic responsibility
- How to lead a session and how to distinguish between different levels of reality (literal, imaginal and effective)
- Theoretical considerations at the forefront of the field of expressive arts work relevant for the practical contexts
- Practical applications of these theories in concrete work with clients in diverse situations
- Understanding of research that addresses ethical and social issues
- Presentation of cases and professional situations in a phenomenological, descriptive manner
- Conflict and crisis situations using arts-based and resource oriented methodology
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Skills – at the end of the module/unit the learner will have acquired the following skills:

Applying knowledge and understanding

- Use the basic concepts and principles of expressive arts work in practice with diverse individuals, groups, teams, communities
- Use the model of an intermodal expressive arts session effectively
- Adapt the model of an intermodal expressive arts session to changing needs and expectations in diverse situations and settings

Judgment Skills and Critical Abilities

This section has been made sufficiently open to accommodate both vocational and academic orientations. Applicants can refer to Judgement Skills, or Critical Abilities (critical skills, dispositions, values and actions), or both.

The learner will be able to:

- Compare and contrast previous experiences and work with people in helping situations with the basic concepts and principles of expressive arts work
- Formulate appropriate arts-based and resource-oriented treatment strategies for different situations
- Ask constructive questions which demonstrate curiosity about the work
- Appraise and evaluate one's own work in an honest and transparent way

Module-Specific Communication Skills

The learner will be able to:

Address specialist and non-specialist audiences and articulate clearly and unambiguously the outcome of research, self-study or experience in arts-based, resourced-oriented expressive arts work.

Module-Specific Learner Skills

The learner will be able to:

- Assess and engage in continuous professional development in whatever fields that would enhance the level of practice
- Take initiative and be motivated to engage in self-directed study