



Expressive Arts Practice, Module ITS-A-P / CT-3 or Praxis – Field Work, Module P

11 ECTS (5.5 US Credits)

Total Contact Hours: 69

Self-Study Hours: 206

Total Learning Hours of this module: 275

11 days for the following learning events:

Advisory Group: Method Specific Training

Seminar

Expressive Arts Group Supervision

Seminar

Live Coaching

Seminar

Module A---P counts for Module P. It is also offered as Continuing Education (CEU) Certificate of Advanced Studies (CAS).

Additional requirements:

Internship hours adequate to the specialization

Supervision (Expressive Arts) 30 h

Method specific Training in a one on one setting min. 8 h

The 12 sessions method specific core studio taken at ITS-M count for 8 sessions one to one method specific training.

Self study / requirements:

- Praxis related literature review

Preparation for the Learning Events:

Entrance qualification (E): internship with Expressive Arts Supervision

Exam (M): Leading a session under observation (single or in a group) or having a case supervised

Competences: – at the end of the module/unit the learner will have acquired the responsibility and autonomy to:

At the end of the module, the learner will have acquired the following key competences: structuring and carrying out arts-based, resource-oriented expressive arts work with individuals, teams, groups or communities; managing different settings depending upon the needs of the clients; working with other professionals in multi-disciplinary teams; working independently and autonomously, managing complex situations while maintaining a professional attitude; seeking guidance when indicated; understanding where and when further learning is required.



Knowledge – at the end of the module/unit the learner will have been exposed to the following:

- a) How and when to intervene in adequate ways with a concept of aesthetic responsibility
- b) How to lead a session and how to distinguish between different levels of reality (literal, imaginal and effective)
- c) Theoretical considerations at the forefront of the field of expressive arts work relevant for the practical contexts
- d) Practical applications of these theories in concrete work with clients in diverse situations
- e) Understanding of research that addresses ethical and social issues
- f) Presentation of cases and professional situations in a phenomenological, descriptive manner
- g) Conflict and crisis situations using arts-based and resource oriented methodology

Skills – at the end of the module/unit the learner will have acquired the following skills:

Applying knowledge and understanding

The learner will be able to:

- a) Use the model of an architecture of a session and lead a client through the phases of the session
- b) Be able to use the model through conducting a session: opening it appropriately and bringing it to a successful conclusion
- c) Build supportive relationships with clients and with other professionals
- d) Present case material in a clear, descriptive and curious manner
- e) Evaluate one's own work and be able to recognize and to address the areas that need improvement

Applying knowledge and understanding—The learner will be able to:

- Use the basic concepts and principles of expressive arts work in practice with diverse individuals, groups, teams, communities
- Use the model of an intermodal expressive arts session effectively
- Adapt the model of an intermodal expressive arts session to changing needs and expectations in diverse situations and settings

Judgment Skills and Critical Abilities

The learner will be able to:

- a) Compare and contrast previous experiences and work with people in helping situations with the basic concepts and principles of expressive arts work
- b) Formulate appropriate arts-based and resource-oriented treatment strategies for different situations
- c) Ask challenging questions which demonstrate curiosity about the work
- d) Appraise and evaluate one's own work in an honest and transparent way

Module-Specific Communication Skills

The learner will be able to:

Address specialist and non-specialist audiences clearly and unambiguously regarding the outcome of research, self-study or experience in arts-based, resourced-oriented expressive arts work

Module-Specific Learner Skills

The learner will be able to:

- Assess and engage in continuous professional development in whatever fields that would enhance the level of practice
- Take initiative and be motivated to engage in self-directed study