



Methods and Interdisciplinary Approach CT-4

21 ECTS (11 US Credits)

Total Contact Hours: 131

Self-Study Hours: 394

Total Learning Hours of this module: 525

21 days for the following learning events:

Principles and Practices of Intermodal Expressive Arts Therapy

Core Group and Community Art

Project Design and Implementation in the Field: A Multi-system Approach

Seminar

Advanced Training and Methodology of Practice

Methods of the practice of Intermodal Expressive Arts Therapy Seminar

Language and Discourse in Expressive Arts and Aesthetic Responsibility

Poetic Work as a Principle of Language Formation in the Process of Cognition Seminar/Workshop

Resource Oriented Concepts of Counseling and Aid: A Critical Inquiry into Schools and Methods from a Systemic Point of View

Colloquium

Arts and Society

Lecture: Current themes in Research

Atelier with Artist in Residence

Workshop

Excursion

Focused On a Cultural Theme

Self study / requirements:

- Critiques of literature and video and participation in forum discussions
- Research methodology plan for the Masters Thesis
- Contribution to group project – EXA-CT in ACTION
- Requirements to pass Learning Events: Participation, Presentations, Forum Dispute of a given theme

Competences: – at the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- a) understand the complexity of traumatic experiences
- b) make informed choices on how to integrate Art-making in complex circumstances
- c) build generative relationships with peers in learning situations



Knowledge – at the end of the module/unit the learner will have been exposed to the following:

- a) diverse culturally based trauma theories
- b) the needs of displaced communities living in exile
- c) human-rights perspectives
- d) the role and impact of digital media

Skills – at the end of the module/unit the learner will have acquired the following skills:

- a) integrate theories and practice in Expressive Arts in Conflict Transformation and Peacebuilding
- b) design a literature review based on recent publications in the emerging field
- c) identify and recognize collective strengths rather than deficits in communities in crisis
- d) develop community building interventions that are resource-oriented
- e) expand the range of Art-based tools
- f) develop case studies based on a personal field experience and frame them within a Conflict Transformation and Peacebuilding discourse
- g) have adaptability, humility and suspension of judgement while working in a intercultural context
- h) create a reciprocal learning environment
- i) design and structure a transformative intervention in the midst of conflict dynamics

Judgment Skills and Critical Abilities

The learner will be able to:

- a) perform critical analysis on a phenomenological base
- b) engage with monitoring, evaluation and documentation of practices
- c) perform critical analysis on a phenomenological base
- d) develop an advanced knowledge on diverse Arts-based Conflict Transformation and Peacebuilding practices
- e) distil relevant conceptions of human beings and the world as they apply to Expressive Arts frameworks and interventions
- f) consider alternative world views as keys to effective peacebuilding in local cultural contexts
- g) practice Expressive Arts methodologies in diverse contexts; integrate monitoring and critical feedback on his/her performance
- h) switch roles from a learner to a professional in training in a conflict/crisis context
- i) recognize diverse group processes in crisis/conflict situations

Module-Specific Communication Skills

The learner will be able to:

- a) integrate lectures to enhance his/her understanding of cultural assumptions, biases and perspectives in Expressive Arts interventions
- b) apply language skills in intercultural contexts and exercise leadership skills in team problem-solving strategies
- c) practice solution-oriented language skills relevant to leading a session
- d) learn to integrate philosophical and aesthetic analysis in discourse and dialogue