



## Methods, Interdisciplinary Approach Module ITC-D

21 ECTS (11 US cp)

Total Contact Hours: 131

Self-Study Hours: 394

Total Learning Hours of this module: 525

### 21 days for the following learning events:

#### **Principles and Practices of Intermodal Expressive Arts Therapy**

Core Group

#### **Advanced Training and Theoretical Foundations**

Fundamental Theories – Imagination, Polyaesthetics, Crystallization Theory and Intermodal Theory, Seminar

#### **Process of Change**

Inquiry into Change Processes and Organizational Development, Seminar

#### **Institutional Characteristics**

Inquiry into Consulting, Cooperating Institutional Systems and their Organizations, Seminar

#### **Body and Movement in Expressive Arts Coaching and Consulting** (Foundation in Expressive Arts oriented Dance)

Body-oriented Practices of Expressive Arts Coaching and Consulting with the Goal of improving Observational Skills, Seminar/Workshop

#### **Arts and Society**

Lecture: Current Theme in Research

#### **Atelier with Artist in Residence**

Workshop

#### **Educational Excursion**

Focused on a Cultural Theme

#### **Projects and Portfolio:**

- Projects and Portfolio for each Learning Event and Thesis Preparations (193.75 hours)
- Assigned Reading (200 hours)
- Entrance requirements (E): Admissions procedure, Introduction Seminar and interview with a Core Faculty Member of the Program
- Module exam (M): Presentation of Portfolio in peer group and discourse in class (oral dispute) (5 hours)
- Requirements to pass Learning Events: Participation, Presentations, Forum Dispute on a given theme

#### **Competences: – at the end of the module/unit the learner will have acquired the responsibility and autonomy to:**

- Recognize personal resources and limitations, capacities for learning and attitudes towards the artistic process.
- Develop personal identity and commitment as an artist and expressive arts coach/consultant and the ability to use intermodal arts in practice
- Exercise appropriate professional and ethical conduct in the discussion and application of expressive arts principles in coaching and consulting
- Appreciate and respect cross-cultural and cross-disciplinary differences in perspectives and language domains
- Present research and professional perspectives in oral, written and artistic form in a manner that is clear, engaging and compelling
- Define and outline a project for independent research appropriate to the field of expressive arts
- Conduct and present independent research that contributes to the growth of the emerging field



**Knowledge – at the end of the module/unit the learner will have been exposed to the following:**

- Integration of basic theoretical and practical concepts in working in the contexts of expressive arts coaching and consulting, including solution focused and resource based orientations
- Theoretical concepts particular to expressive arts work, e.g. intermodality, polyaesthetics, architecture of a session, decentering, liminality, aesthetic response and responsibility, crystallization theory, aesthetic analysis
- Differing disciplinary perspectives on individual and cultural behavior and change
- Understanding of movement and somatic awareness as a foundation of expressive arts work
- Cross-cultural and cross disciplinary perspectives on professional work in coaching and consulting
- Systems theories, e.g. autopoiesis, self organization, chaos theory, and their relevance to individual and organizational change

**Skills – at the end of the module/unit the learner will have acquired the following skills:**

**Applying knowledge and understanding**

The learner will be able to:

- Work in an expressive arts-based, solutions focused and resource based way in coaching and consulting with individuals and groups
- Apply theories and methodologies of practice of expressive arts work in practical situations
- Apply the decentering method within the architecture of a coaching session
- Work collaboratively with peers and colleagues
- Articulate personal perspectives clearly and comprehensively

**Judgment Skills and Critical Abilities**

This section has been made sufficiently open to accommodate both vocational and academic orientations. Applicants can refer to Judgement Skills, or Critical Abilities (critical skills, dispositions, values and actions), or both.

The learner will be able to:

- Research and evaluate cross disciplinary research studies relevant to expressive arts coaching and consulting
- Discriminate among and respect differing disciplinary perspectives regarding the human condition and processes of change in individuals and groups
- Assess personal and group dynamics with professional contexts
- Assess institutional characteristics and resources

**Module-Specific Communication Skills**

The learner will be able to:

- Understand and assess individual and group dynamics in relation to personal and organizational change
- Listen with an attitude of appreciative curiosity and openness to learning
- Create a facilitative professional relationship with clients

**Module-Specific Learner Skills**

The learner will be able to:

- Engage in continual personal and professional learning.